

# RANCHO CICADA MEAL CHOICES

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(Prepared and served by our cooks)

Please circle and indicate the day you wish the meal to be served.

Your arrival dinner will be Lasagna, as this better accommodates late arriving guests.

## DINNER SELECTIONS

*(\$20.00 per meal)*

Lasagna, Meat and veggie  
Caesar salad & garlic bread  
Seasonal fresh veggies  
(Arrival dinner)

BBQ Chicken  
3-Bean medley  
Potato wedges  
Fresh vegetables

Glazed pork chops  
Harvest blend rice  
Green salad  
Dinner rolls

Tri-tip  
Baked potato w/sour cream  
Green salad & fresh veggies

Meat loaf  
Mashed potatoes  
Zucchini casserole

Teriyaki chicken  
Spinach salad  
Wild rice pilaf  
Fresh vegetables

Coffee, (regular and decaffeinated) and fruit punch served with all dinners.

We will surprise you with one of these delicious desserts after each dinner:

Bread pudding, assorted cobblers, strawberry shortcake, pineapple upside-down cake, apple brown betty and ice cream.

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## BREAKFAST SELECTIONS

*(\$15.00 per meal)*

Scrambled eggs  
Bacon & sausage  
Pancakes

Frittatas: veggie &  
meat w/cheese  
Hot oatmeal w/raisins

French toast  
Bacon  
Rancho icada fruit jam

Biscuits & gravy w/sausage  
Fresh Fruit

Huevos rancheros  
Scrambled eggs w/  
Onions, salsa & tortillas

Rancho Cicada Breakfast  
Casserole w/cheese, eggs  
bell peppers & ham

Orange juice, seasonal fresh fruit and melons with all breakfasts.

Coffee, herb tea and muffins available for "early birds".

***LUNCH SELECTIONS****(\$ 15.00 per meal)*

BBQ hamburgers &  
Hot dogs  
Potato salad  
Baked beans

Spanish rice  
Beef and bean burrito  
Salsa & tortilla chips  
Veggie salad

Chinese chicken salad  
Fresh breads  
Seasonal fruit

BBQ beef & cheese pizza  
Green salad  
Seasonal fruit

Tamale pie  
w/lean ground beef  
Mexican slaw

French dip  
Macaroni salad  
Cole slaw

Fruit punch and ice water served with all lunches.

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***VEGETARIAN SELECTIONS***

The following main dishes are served only to our vegetarian guests and are chosen by us. Please be sure to let us know well in advance how many vegetarians will be in your group so that we may accommodate them.

- Bocco Veggie Burgers.
- Roasted Veggie Sandwiches
- Grilled Thai-style Veggies and rice
- Vegetarian Lasagna
- Veggie stir fry w/tofu
- Stuffed eggplant
- Stuffed zucchini
- Tomato pie
- Stuffed baked potato

***With advance notice, our cooks are always willing to try to accommodate special dietary needs.*** If you have special dish you want prepared, please speak to them directly, and well in advance of your event. [www.RanchoCicadaRetreat.com](http://www.RanchoCicadaRetreat.com) (209)245-4841